

# PEP Talk

In partnership with EIPS Committee of School Councils



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## TEST YOUR Knowledge!

### Match the drug to the description

#### Drug A

Some people call me the most addictive drug because nearly everyone who uses me regularly becomes addicted. I kill more people per year than any other drug. Teenage girls use me more often than teenage boys. People who sell this drug to women imply that it will make them slimmer. Who am I?

#### Drug B

I am the most popular illegal drug. Most people relax when they use me but they also get clumsy and shouldn't drive. Using a lot daily can cause physical and psychological addiction. Users sometimes experience anxiety, panic and paranoia. I raise your heart rate but slow your brain. Who am I?

#### Drug C

I've been used for thousands of years. I'm natural, made by fermenting vegetables, fruits or grains. Like Drug A, I cause death. Using me often and in large amounts can cause serious brain damage, harmful to the liver, kidneys and digestive system. People say they use me to get happy, sociable or talkative. Who am I?

#### Drug D

We are a group of drugs that people use so they can stay awake all night, so they have lots of energy, or so they can lose weight. After you use me for awhile, we make you edgy, nervous, anxious and panic. You may even experience paranoia episodes, seizures, and aggression. Who am I?

#### Answers:

- A. Nicotine
- B. Cannabis (marijuana)
- C. Alcohol
- D. Stimulants, uppers or speed.

Parents Empowering Parents (PEP) Society was founded over 15 years ago in Strathcona County. We provide free innovative programs for parents/extended family and youth/young adults. Our groups are professionally facilitated and drop in - no registration required. For more information please visit our web-site [www.pepsociety.ca](http://www.pepsociety.ca) or call our Support Line Days/Evenings Weekends 780.293.0737