



March 3, 2022



WESTBORO ELEMENTARY

Weekly Newsletter

IMPORTANT UPCOMING DATES

Mar 4: Professional Development Day - No school for students

A Big Thank you to our Students and Parents for making the Pizza Kit fundraiser so successful!

We raised \$3250 and kids should see the new book bin and scooter rack this spring!

Crazy Hair Day is March 24!

A Huge Thank You to our Sponsors!

Mud Sweat and Gears
Sherwood Park

McDonald's on Wye Rd

Circle K on Granada Blvd

& Confetti Sweets



Westboro Warrior's Knee Slapper Contest!

All student's are welcome to participate in our Westboro Warrior's Knee Slapper Contest! Our student leadership team will choose 1 winning joke from each grade on Monday, March 7th. Jokes can be placed in our Knee Slapper Joke Box located in front of the office starting Friday, February 25th. All jokes must have a spring theme to them in order to be considered. Each winning joke will be used in our new Spring Forward with Laughter theme that will be used to decorate our courtyard windows for all staff and students to see and share in the laughter together.



BALL HOGZ BALL HOCKEY

Hello Ball Hockey Players and Parents,

Ball Hogz Ball Hockey it is specifically for persons with special needs. Although these are uncertain times, we are cautiously optimistic that we will be able to run our Spring League this season. All precautions and guidelines will be followed accordingly and to the best of our ability to ensure the safety and well-being of our members.

Early-bird registration is now OPEN for the 2022 Spring Season

To register - [click here](#)

Early-bird fees in effect until February 28, 2022.

Registration closes on March 13, 2022.

CHALLENGER BASEBALL

Sherwood Park Minor Baseball is excited to share that we will be having the Challengers Baseball Program back in full swing this upcoming season. Registration is now open and can be located here: <https://www.spmba.ca/challenger-program/>

My name is Heather Verhoeven and I will be the Coordinator this season. I am an RN, Mom of two, and for the past two years have called Sherwood Park home . I am new to the Challenger Baseball Program however, I am very excited to get onto the diamonds.

If you have any questions please reach out and I look forward to meeting you all very soon!!!!

O CANADA

We were so lucky to have some students sing O' Canada over the PA during morning announcements this week! Everyone enjoyed listening to your beautiful voices!



FAMILY RESOURCE NETWORK

Strathcona County Family Resource Network

Parenting is a journey and everyone needs help sometimes. The Family Resource Network offers a range of FREE parenting supports and services including:

- Information on child and youth development
- Working through parenting challenges
- Supporting unique parenting plans
- Connecting to community resources
- In-home and virtual parenting support

Follow us on Facebook: facebook.com/strathcona.familyresourcenetwork

For more information, call Family and Community Services at 780-464-4044 or email familyresourcenetwork@strathcona.ca

Programs for Parents and Caregivers



Inclusive Parenting

Not sure where to begin in promoting inclusion in your home? Join us to learn tips and ways your family can adopt new practices, foster community inclusion, and explore age-appropriate conversations. Participants will be encouraged to be vulnerable, ask questions, and learn something new!



Straight Talk About Teens

Crossing the bridge from childhood to adulthood can be exciting and challenging for both teens and their caregivers. Join us for this online session based on Healthy Minds Healthy Kids Psychology Canada's publication "Straight Talk About Teens".



Parent to Parent: Foundations of Connection

Join us to learn about elements of healthy relationships including boundaries and consent. We will explore the language we can use and how to develop healthy habits with your children. We will also discuss how to teach children about consent, conflict, and how to recognize healthy or unhealthy behaviours in others.

To register, visit strathcona.ca/familyresourcenetwork

STRATHCONA COUNTY

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Early Years Programs



Baby and Me

The parenting journey can be a challenge but being connected means you do not have to travel alone. Join us online and in-person to keep connected and learn together!



Play with Me!

Did you know that play is the best way for children to learn about themselves, others and the world around them? Join us to connect with others and to explore fun, open-ended play experiences designed to enhance the parent-child relationship!



Nature Nuts - Polar Edition

Are you looking for ways to explore the wonders of nature as a family? Enjoying the great outdoors promotes a connection to nature that provides endless opportunities to develop new skills and enhance development. Join us for an interactive outdoor experience filled with family fun!



Snow Much Fun!

Join us at the Strathcona Wilderness Centre for an outdoor winter event that will provide fathers and male caregivers a chance to connect with their children in a fun and unique way. We will try new activities, enjoy nature, and connect around the fire.

To register, visit strathcona.ca/familyresourcenetwork

STRATHCONA COUNTY

MEASURING SUCCESS: COMPLETE THIS YEAR'S ALBERTA EDUCATION ASSURANCE SURVEY

Once again, Alberta Education is surveying teachers, students and families through its annual Alberta Education Assurance (AEA) Survey. The survey acts as an annual check-up on the province's education system. Every year, Alberta Education conducts the survey to gather information about the quality of education provided by Alberta schools and school authorities. The survey looks at various measures such as education quality, citizenship, family involvement, engagement levels, school climate and student wellness.

Throughout March, Grade 4 students and teachers at Westboro Elementary are completing the survey online at the school. Student participation is voluntary and completely anonymous. Students are assigned a random username and password to ensure survey responses aren't linked to any individual student. The survey doesn't take long to complete and is done within the school day during regular class time.

Additionally, parents and guardians of students in grades 4, 7 and 10 are also asked to take a survey, either online or by mail. Alberta Education will send families information about the survey directly. As with the student and teacher survey, it's anonymous and asks questions about your school experiences. If you have a child in grades 4, 7 or 10, we encourage you to participate. The survey deadline is March 25, 2022.

Results from the AEA Survey are provided to Elk Island Public Schools each spring. The Division then uses the data to inform its four-year education plan, school education plans and strategies for continuous improvement. Each fall, the results are also shared with EIPS families and school communities in the Division's Annual Education Results Report.

RELATED INFORMATION

[AEA Survey: Parent letter](#)

[AEA Survey: Methodology for rate calculation](#)

[Assurance and Accountability: Alberta's K-12 education system](#)

WATCH FOR THIN ICE

Remember, be aware of thin ice this time of year. Depending on changing temperatures, ice can form and melt to varying degrees on outdoor bodies of water. Try to remind your child about the dangers of thin ice, obey all posted signs, take proper care and remain a safe distance from the ice.

For more information about ice safety, visit the [Canadian Red Cross](#).

Did you know?

The colour of ice may be an indication of its strength. Clear blue ice is the strongest. White opaque is half as strong as blue ice. And, grey ice is unsafe—greyness indicates the presence of water.

Strathcona County Information

COVID-19 UPDATE

For latest COVID-19 information click [here](#).

SPRING RECREATION PROGRAMS

Mark your calendars! Spring registration is just around the corner:

March 8: All programs (except swimming)

March 22: Swimming programs

Registration starts at 7 a.m. on both days. All spring programs (except swimming) are now available for advance viewing.

<https://www.strathcona.ca/.../activi.../recreation-programs/>

FREE ACTIVITIES IN STRATHCONA COUNTY

There are many free recreation opportunities within Strathcona County! This includes both indoor and outdoor activities. More info [here](#).

PAY AS YOU THROW

From now until March 18, please take 5 to 10 minutes to fill out our short survey. This survey will allow you to explore the concept of a 'pay as you throw' waste system and what it entails. Your input will help determine what an acceptable and effective program could look like in our community.

<https://survey.alchemer.eu/.../Waste-Roadmap-Pay-as-you...>

'Pay as you throw' is a system where households pay based on the amount of waste they throw away, similar to how other utilities are charged.

This type of system could give residents greater control over their costs, while allowing the flexibility to increase their waste capacity or decrease it as needed.

CREATIVE OUTLET

[Creative Outlet](#) is back in March for youth in grades 4-6

Plug into your creativity! Creativity helps us express ourselves and improves our mental health. Join with a friend and try something new.

Topics will include:

- Make a mess
- Expressive Art
- Reduce, Reuse and Recycle

March 29-31 from 9:00AM - 12:00PM at the Ardrossan Recreation Centre