



October 15, 2023



WESTBORO ELEMENTARY Weekly Newsletter

IMPORTANT UPCOMING DATES

October 15: Deadline to order hot lunch!

October 17: Online Bookings for S/P/T conferences open at 8:00 a.m.

October 18: School Council and Parent's Society Meeting 6:30 – 8:00 p.m.

October 20: Hot lunch - Hot dog day!

STUDENT PARENT TEACHER CONFERENCES



October 25 and 26, 2023 (4 - 7 p.m.)
(Bookings open Tuesday, October 17 at 8:30 a.m. and close Monday, October 23, 2023 at 3:30 p.m.)

Now you can book school interviews for the times that suit your family. Go to https://www.schoolinterviews.ca/code and follow these simple instruction.

- 1. Enter code: **6w6tx**
- 2. Enter your details.
- 3. Select the teachers you wish to see.
- 4. Select the appointment times that suit your family best.

When you click *FINISH*, your interview timetable will be emailed to you automatically. If you do not receive your email immediately – **check your junk mail folder**.

SCHOOL COUNCIL

Pease see the agenda for the upcoming School Council meeting.

Westboro School Council Agenda October 18, 2023

Westboro Parent's Society Agenda October 18, 2023

Please see the meeting minutes from the School Council meeting held on September 20, 2023.

Westboro School Council Meeting Minutes September 20, 2023

Westboro Parent's Society Meeting Minutes September 20, 2023

REMEMBRANCE DAY

Westboro School's Remembrance Day Ceremony will be held on Friday, November 3rd at 10:30 a.m. in our school gymnasium. We want you to attend and be a part in this important school event.

Students who are in Cadets, Sparks, Beavers, Brownies, Cubs, Guides, or Scouts are encouraged to wear their uniforms to school on November 3rd. They will play a special role in our ceremony entering in with our Canadian flag.

As in previous years, we will be continuing to honour our military families with our Wall of Honour and our Westboro Family Tribute.

- Wall of Honour: If there is a relative in your family that has served or is currently serving in the military, please email Mrs. Richard (courtney.richard@eips.ca) for a Name Plaque form. It will be sent home with your child and we ask for it to be returned by Friday, October 27th. These names will be featured on our Wall of Honour. If you have submitted a Name Plaque in previous years, the school has kept it and it will be displayed again. If there are any changes (ranking, deployments, etc.) please advise that a replacement form is needed and we would be happy to provide one for you.
- Westboro Family Tribute: If you have a picture of a family member who has served or is currently serving in the Canadian Armed Forces, please send a digital copy to Mrs. Richard (courtney.richard@eips.ca). It does not have to be a picture of your family member in uniform and can be a picture of your family member with your child(ren) who attend Westboro. Along with the picture, please also include in your email: name of the person/people in the picture, rank (for family member served/serving), and relation to your child(ren) who attend Westboro (i.e. grandfather, aunt, brother, great-grandmother, etc.). Please ensure these are sent by Friday, October 27th to allow time to add these to our existing tribute. Like the Wall of Honour, if you need to make any changes to your submission from previous year, please notify Mrs. Richard who would be happy to make modifications as needed.

We Remember.

HOT LUNCH ORDER DEADLINE IS OCTOBER 15!

A friendly reminder that hot lunch is open for ordering! The deadline to order is this **Sunday, October 15, 2023.**

We are excited to offer:

Hotdog Day October 20

Nitza's Pizza Day November 17

WokBox Day December 15

Visit http://westboro.hotlunches.net/ to register and order today!!! Click here for more details on how to set up an account!

SCHOOL FEES

School fee information for the 2023-24 school year is now posted on the PowerSchool Parent Portal. All fees are due within 30 days of being posted. To access your fee information, simply log in to the <u>PowerSchool Parent Portal</u> and go to "Student Fees." There you can view your fees and pay them online.

Don't forget to also log in to the PowerSchool Parent Portal regularly throughout the year. Fees are often added to your child's account to cover the cost of various school activities such as field trips, class projects, extracurricular activities fees and more.

If circumstances exist where you're unable to pay your fees, you can apply to have certain <u>fees</u> waived by submitting an <u>Application for a Waiver of Fees</u>. **The application deadline is Dec. 15, 2023.**

For more information about school fees, waivers and payment deadlines, visit www.eips.ca/schools/fees and https://www.westboroelementary.ca/about/fees. Alternatively, contact Billie Jean Mepham, Business Manager at Westboro Elementary at 780–467–7751.

WHY YOUR CHILD WITH ADHD HAS SUCH A MESSY ROOM

Mess and ADHD go hand in hand, and with them comes chaos, lateness — Where is my coat?! — and frustration. Parents often find themselves at wit's end, looking at their child and wondering: Why can't you just clean your room?? Please click the link below to read the full article.

Why your child with ADHD has such a mess room and what parents can do about it.

SCHOOL BUS SAFETY WEEK: OCTOBER 15-21

Schools throughout Elk Island Public Schools (EIPS) are celebrating School Bus Safety Week October 15–21. The theme: 'Stand Back From Yellow and Black,' which focuses on proper school bus safety behaviour. Throughout the week, various activities are planned, including information sessions, bus-safety lesson plans and bus-evacuation drills.

As part of School Bus Safety Week, Westboro Elementary reminds students and families all Division school buses are equipped with a Tyler Drive tablet, bus-pass scanner, GPS technology, the Child Check-Mate system and surveillance equipment, which allows Student Transportation to better monitor and manage its more than 175 buses. Families and students also have access to the Traversa Ride 360 app, a mobile tool to help determine the location of a bus, projected arrival times and when a child is scanned onto a bus.

For more information, visit EIPS Student Transportation or contact 780-417-8151.

CAREGIVER SERIES: OCTOBER SESSIONS

Alberta Health Services offers free online programming for parents and caregivers of children and youth. Sessions are offered through Zoom. Upcoming topics include understanding anxiety and self-injury and supporting children and youth with ADHD. The list of October 2023 sessions is now available.

FROM ALEXA TO ALGORITHMS: PARENTING IN THE ERA OF AI

Join the University of Alberta and Amii for an engaging 45-minute online webinar designed to boost Al literacy for parents of kids of all ages, from kindergarten to graduate students. The session will focus on global citizenship, online safety, and education and career guidance.

Don't miss this fun and informative opportunity to empower your parenting in the age of AI, ensuring your kids thrive in tomorrow's tech-driven world.

Event Details:

Date: Nov. 2, 2023 Time: 10:30 a.m. to 11:15 a.m.

Location: Virtual <u>REGISTER NOW</u>

RESPIRATORY ILLNESS GUIDANCE

The health and safety of staff, students and visitors is a top priority. Continue to reinforce the following hygiene habits to protect staff and students from spreading respiratory illnesses, including COVID-19.

- · Stay home if you're feeling sick.
- · Wash or sanitize your hands often.
- · Cover your coughs and sneezes.
- · Avoid touching your face.
- · Clean and disinfect high touch surfaces regularly.
- · Wear a mask if you get sick or develop symptoms while at school or work.

As per Alberta Health <u>guidelines</u>, staff, students, contractors and visitors who have symptoms of respiratory Illness or test positive for COVID, should stay home until:

- · symptoms have improved,
- · they feel well enough to resume normal activities, and
- · they have been fever-free for 24 hours without using fever-reducing medications.

For anyone who has a respiratory illness or has tested positive for COVID, it is **recommended** that they wear a mask for a total of **10 days** from the onset of symptoms—even if the symptoms have resolved or improved—when in indoor settings with other individuals.

Strathcona County Information

TRIPLE P GROUP

Struggling with your child's behaviour? Join us for "Triple P Group", a FREE educational program for parents/caregivers with children ages 2-12. Learn how to develop a plan to address specific behaviours in your children and turn challenges into opportunities for success.

Saturdays - Oct. 21, Nov. 4 and 18, from 9 -12 a.m.

Millenium Place

Sign up at https://ow.ly/3Ule50PU260

FREE SATURDAY SWIM (WITH INFLATABLE!) OCOTOBER 21

Saturday October 21, 2023 4 p.m. - 8 p.m.

FREE Saturday swims are back at Emerald Hills Leisure Centre! View the Emerald Hills Leisure Centre drop in calendar: http://bit.ly/3Hkczlz

FAMILY RESOURCE NETWORK FREE PROGRAMS

Did you know the County's Family Resource Network offers FREE programs and services for parents and caregivers with children aged 0–18?

Find a range of fun and educational programs and parenting supports, including:

- Drop-in and registered programs for children and youth
- Registered parenting skills-building sessions
- Special events for families and children of all ages.

Home Visitation – Helps parents (with children 0–6) build on strengths and develop new skills. Health for Two – A free program for women who need extra support for a healthy pregnancy. Learn more at https://ow.ly/oAii50PRpC0