



November 5, 2023



# WESTBORO ELEMENTARY

## Weekly Newsletter

### IMPORTANT UPCOMING DATES

**November 6-10:** Fall Break

**November 11:** Remembrance Day

**November 13:** Classes Resume

**November 13-17:** Bullying Awareness and Prevention Week

**November 16:** School Assembly for Bullying Awareness Week

**November 17:** Hot Lunch Nitza's Pizza

### FALL BREAK

Westboro Elementary is closed for fall break from November 6-10, 2023. During this time, if you need immediate assistance, Elk Island Public Schools Central Services is open, with the exception of November 10. Contact the main office at 780-464-3477 if you have urgent questions or concerns during this time.

Westboro Elementary office will reopen on Monday, November 13.

Have a wonderful fall break!

### BULLYING AWARENESS AND PREVENTION WEEK

Bullying Awareness Week (November 13 to 17, 2023) is the third week in November. It is a time to promote awareness and understanding of bullying and its impacts. We are happy to welcome School Resource Officer Constable Kelly this year as part of the important discussions and activities that will be taking place. [Learn more here.](#)

## FRIENDS SQUAD

Thank-you to all of our grade 4 students who joined FRIEND SQUAD for the month of October. Our PLACE and STEPS students enjoyed hanging out with you either in the gym or in our classrooms playing and reading with us. We look forward to meeting and hanging out with our grade 5 FRIEND SQUAD PEEPS in the months of November and December. See everyone after Fall Break!

If you are interested in signing up for the grade 5 FRIEND SQUAD, please see Mrs. Perrotta.

Thank-you,  
Mrs. Perrotta, Mr. Krysler and Mrs. Stephen



## CHRISTIAN CLUB

Westboro will be hosting a "Christian Club" during lunch every second Thursday. Signed permission forms from a parent or guardian are required to participate; if your child has lost their form additional copies are available at the school. At this time, grade 3 to 6 students are invited to join Mrs. Richard and Mrs. Cameron in the music room. Students will be asked to bring their lunch and together we will listen to bible stories, worship, play games, make crafts, pray, and have fun.

### **The schedule for the rest of the year is:**

November 2  
November 23  
December 7

We are looking forward to seeing many smiling faces on Thursdays!

## VIEWING AND ORDERING SCHOOL PHOTOS

To view and order your student's school photos, log into [mylifetouch.ca](http://mylifetouch.ca) and enter your email and your student's Alberta Student Number. If you do not have your student's ASN, you can find it in your PowerSchool Parent Portal on your student's report card or in the student frees section. You can also call the school for the ASN.

## CAREGIVER SERIES: NOVEMBER SESSIONS

Alberta Health Services offers free online programming for parents and caregivers of children and youth. Sessions are offered through Zoom. Upcoming topics include building executive functioning skills and supporting wellness in later years. The list of [November 2023](#) sessions is now available.

# AMA PATROLLER TEAM OF THE MONTH



Thank you to our Patrol Team of the Month, Temi and Thomas!  
This is a conscientious and reliable team who are doing an amazing job of helping to keep our Westboro community safe.

## LIBRARY NEWS

Yabba Dabba Doo the book fair was a huge success.

Thank you to everyone who dropped by the book fair to browse and take pictures in our photo booth. We appreciate all the support for our book fair.

To all the student volunteers and Mrs. Richard thank you. Without your help the book fair would not have been so successful.

New books have already been purchased for the library, and they will be ready for circulation soon.

A special thank you to our own Barney Rubble (Mr. Lastiwka) for helping promote our book fair. The winner of our \$25 Scholastic Family night draw was Charlie from kindergarten.



## ALBERTA HEALTH SERVICES ADDICTIONS AND MENTAL HEALTH NEWSLETTER

The November edition of the Alberta Health Services Addiction and Mental Health Newsletter focuses on talking to children about drugs and alcohol. [Newsletter](#)

# WESTBORO TRACK TEAM TRYOUTS

Dear Westoro Parents/ Guardians,

The Westboro School track team tryouts for Grade 4, 5 & 6 students will begin after Fall Break. Please note that speed, work ethic, attitude, participation effort & consistent attendance are all factors that we will consider when we create the teams for the relay races. There will also be alternate spots for races if needed. The students who make the team will participate in the Running Room Indoor Games, preliminary races in February & (if we qualify) the Running Room Indoor Games Finals in March. There is also the Elk Island Invitational Relay Races at the beginning of May.

**The Grade 5 & 6 Tryouts are from 7:35-8:20 a.m.: Tuesday, Nov 14th & Thursday, Nov 16th**

**Grade 4s Tryouts are from 7:35-8:20 a.m.: Wednesday Nov 15 & Friday Nov. 17th**

**During the Track Try-outs & during regular track practices, the doors open shortly before 7:30 am.** Track students are to enter the school at the front door, quickly put their backpacks away, get their running shoes on and bring a labeled waterbottle. The track team members are to wait quietly outside the gym doors for the track coaches. The track team will be running in the gym and the hallways. They will need to wear appropriate sports clothing (T-shirts, shorts, sweatpants, running shoes, deodorant...). There will be just under ten minutes for the students to change, have a quick snack or time of relaxation before classes begin.

**Once the Try Outs are completed, the track practices run every Tuesday & Thursday mornings from 7:35-8:20 a.m.**

If your child is interested, the permission form must be signed via Permission Click prior to the first tryout date. <https://permission.click/x6BZE/ca>

Possible fees for the track team:

- Running Room Indoor Games Relay & bus up to a maximum of \$16
- Individual Running Room Indoor Games race up to a maximum of \$10.50
- Track team T-shirts cost is \$30 with the option to borrow one on the day of the race if need be.


The Running Room Indoor Games

Sincerely,

Marina Gilmore, Tanya Gottstein & Lindsey Stephen



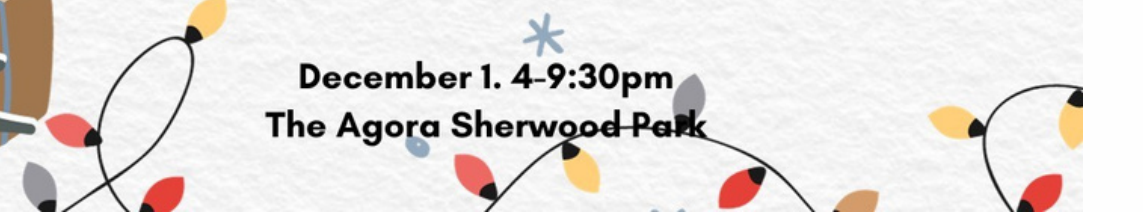
**A LOCAL OPPORTUNITY FOR  
OUR SCHOOLS  
HOSTED BY QUEEN OF HEARTS  
ELEMENTARY SCHOOL  
FUNDRAISER**



**3 HOLIDAY EVENTS HOSTED  
WITHIN OUR COMMUNITY  
WHERE THEY WILL BE RAFFLING  
OFF GIFT BASKETS WHILE RAISING MONEY  
FOR LOCAL ELEMENTARIES IN SHERWOOD  
PARK & ARDROSSAN! WANT TO MAKE A  
DONATION OR CURIOUS ABOUT THIS  
EVENT HEAD OVER TO QUEEN OF HEARTS  
ON SOCIAL MEDIA OR HEAD TO  
THEIR MARKETS!**

**November 4, 10-4pm  
Ardrossan Rec Centre**

**November 25, 10-4pm  
Ardrossan Rec Centre**



**December 1. 4-9:30pm  
The Agora Sherwood Park**

# Strathcona County Information

## ARDROSSAN RECREATION COMPLEX FALL BREAK FUNTIVITIES

SportZone and other Fall Break activities are back the Ardrossan Recreation Complex!

- November 5 to 10
- 10:30 a.m. to 4 p.m.

Find a class: <https://bit.ly/40mQJWK>

## YOUTH PAINTING PARTY

Painting is a fun way to de-stress and meet new people. You don't have to be an artist. Bring a friend and enjoy a night of painting, music and more. \*Free and all supplies provided \*Each person will have their own physically distanced painting space. Limited space, register at

[Strathcona.ca/youthconnect](https://strathcona.ca/youthconnect)

[November 8 from 6 - 8 p.m. at Community Centre](#)

[November 9 from 6 - 8 p.m. at Ardrossan Recreation Complex](#)

## FREE EDUCATIONAL PROGRAM FOR CHILDR GRADES 1 - 6.

Strathcona County has got your kids covered for fall break! Join us for "Everyday Heroes," a FREE educational program for children and youth in grades 1 - 6. We all have a hero inside of us, just waiting to break through! Jump into a morning of exciting self-discovery and fun group activities. Meet new friends and build skills that support healthy relationships and a strong sense of self.

### **Ardrossan Recreation Complex**

9:30 a.m. to 11:30 a.m.

Nov. 7: Grades 1 & 2

Nov. 8: Grades 3 & 4

Nov. 9: Grades 5 & 6

Sign up at <https://ow.ly/C48050Q0Klh>

## NOVEMBER'S COMMUNITY EDUCATION SERVICE NEWSLETTER

November's Community Education Service Newsletter is here with a variety of new online workshops including Building Resiliency in Today's Youth and Online Safety. Click on the link below to look through them all and register.

[https://ces.hmhc.ca/?mailpoet\\_router...](https://ces.hmhc.ca/?mailpoet_router...)

## CELEBRATION OF LIGHTS

Dust off your favourite holiday sweater, scarf or hat and join us at our annual Celebration of Lights on November 18! This family-friendly event is entirely free and features an LED tree show, holiday music, holiday activities and games, as well as a special appearance from both Santa and the Grinch. Dress for the weather as most activities will be outdoors.

Full details: <https://www.strathcona.ca/.../festiva.../celebration-lights/>