



February 18, 2024



WESTBORO ELEMENTARY

Weekly Newsletter

IMPORTANT UPCOMING DATES

February 19: Family Day - NO SCHOOL FOR STAFF OR STUDENTS

February 21: Family Game Night 6:30 - 8:30 p.m.

February 21: DEADLINE to complete your Returning Registration Form

February 21: Coding Club at lunch

February 22: Christian Club at lunch

RETURNING STUDENT REGISTRATION

The 2024-25 returning student registration deadline is fast approaching!

On February 8, current EIPS families received a Returning Student Registration 2024-25 form via Permission Click. No log in is required to complete the form.

All current PALS to Grade 11 students in EIPS must complete the returning student registration process—whether they're continuing at the same school or moving to a new school next year:

- if you'd like your child to attend your designated school next year;
- if you'd like to apply to have your child attend a non-designated school next year; or
- if your child will not return to EIPS next year.

THE DEADLINE TO COMPLETE THE FORM IS FEBRUARY 21!

WESTBORO SCHOOL FEE PARENT SURVEY 2024/25

Every year our school has worked with parents to determine what school fees will be for next year. This survey is your opportunity to share your ideas and feedback regarding school fees. Click the link below to complete the survey.

[Westboro School Fee Parent Survey 2024/25](#)

MARCH HOT LUNCH ORDERING IS NOW OPEN

Online ordering for Hot Lunch is now open!!

We are excited to offer Purple Perogy, March 8th and Panago, March 15th!!!

Ordering for this menu runs from Monday, Feb 12th and closes Friday, Feb 23rd at Midnight!!!

No late orders will be accepted.

WHEN ENTERING YOUR HOT LUNCH ORDERS, ENTER ALL YOUR CHILDREN'S ORDERS FOR ALL OF THE LUNCH ORDER DATES. ONCE YOU HAVE ENTERED ALL THE HOT LUNCH ORDERS FOR ALL OF YOUR CHILDREN THEN MAKE **ONE PAYMENT.**

We will only be accepting e-transfer to the following email address:

westboropg2022@gmail.com

When submitting your payment, you will need to generate a question with an answer in order for us to accept your payment.

PLEASE USE THE FOLLOWING QUESTION AND ANSWER FOR ALL E-TRANSFERS...

WHO IS OUR SCHOOL MASCOT?

ANSWER - Webster

Please document the student(s) name in your etransfer (example - memo line, notes, etc...). Please ensure you submit your payment by the closing date for that month's ordering so that lunch orders can be processed on time. If not received, the orders will be deleted.

All unpaid orders will be cancelled!!!

Don't forget to select..."able to assist as a volunteer on this hot lunch day" if you are interested in volunteering. Volunteers will receive a \$1.00 credit towards future Hot Lunch purchases. Thank you for your support!!!

Please go to <http://westboro.hotlunches.net> to place your orders. If you have any questions email us at westborohotlunch@gmail.com. Or contact Allison Usher at (780)907-1130.

Westboro Hot Lunch Committee

PATROLLER NEWS

The AMA Premiere of their latest promotional and training video, starring several members of the Westboro patrol team will take place Friday, February 23.

Patrollers are invited to bring their lunch to the gym where we will eat together and be the first to view the video before its official release!

Correction January Patrollers of the Month

Our apologies to Kalista, whose name was misquoted in a recent newsletter 😞

Thanks again to Katie Anne and Kalista for their great work on our team!



WHERE ARE MY CHILD'S FRIENDS? PARENTING TIPS FOR A TEEN LONLINESS EPIDEMIC

Children have never been more connected but have never felt more lonely. They may be "[constantly online](#)", but the number of teens reporting loneliness at school has [doubled](#) between 2012-2018.

We are facing an "Epidemic of Loneliness and Isolation" according to The U.S. Surgeon General and young people are [more](#) at risk than anyone else.

As parents, we face a dilemma: if we encourage our children to engage with friends in person, do we risk being told to "stay out of it"? But if we leave them to their own devices (literally and figuratively), we risk an [increase](#) in the chances they'll face depression and anxiety.

In this webinar by Fort Health in partnership with the Child Mind Institute, parenting and mental health experts will share practical parenting tips on how to help children and teens form strong social bonds without being (or appearing to be) pushy.

On **February 21 at 5:30 p.m. ET**, Join Dr. Harold Koplewicz, Dr. Matthew Biel, and Research Scientist Zach Rausch in a roundtable discussion filled with practical advice you can implement now.

A recording will be shared with everyone who registered but join live for a chance to ask your questions.

[REGISTER NOW](#)

KINDERGARTEN REGISTRATION IS OPEN!

Is your child turning five on or before Dec. 31, 2024? If so, it's time to register for kindergarten.

To help families prepare, Elk Island Public Schools has put together an online EIPS Kindergarten Tool kit to make the transition as smooth as possible. The kit includes information on registration, important dates, programming options, what to expect, eligibility, how to find your designated school, transportation and more.

<https://www.westboroelementary.ca/about/kindergarten>



FAMILY GAME NIGHT



Family Game Night

February 21st 6:30pm - 8:30pm
in the school library

Bring your own snacks, board games, and card games for a fun night with our Westboro Elementary community!



CEREAL DRIVE



Image: Freepik.com

Cereal Drive

For the month of February, Westboro will be collecting boxes of cereal.

We hope to bring in enough to set up cereal box dominoes through the halls of our school on March 7th, National Cereal Day!

All boxes will then be donated to the Strathcona County Food Bank.

Let's fill Westboro halls with cereal together!

ADHD AND ANXIETY IN CHILDREN

Save the Date!

**ADHD and Anxiety in Children
with Dr. Kate Randall
Ph.D., R.Psych.**

**Monday, April 8, 2024
Westboro Elementary Gym**

6:30-8:30



This session is for all parents and family members who want to learn more about ADHD or anxiety in children, whether or not your child has a diagnosis at this time.

Other topics like regulation, screen time, organization and time-management skills will also be touched upon with resources provided if you want to learn more.



COME AND LEARN ABOUT YOUR CHILD'S INCREDIBLE BRAIN!



Free!

Join us for a **fun** and **informational** evening learning about the powerful role relationships and experiences have on early brain development and play the **Brain Architecture Game!**

Tuesday, February 27

Dinner 5:30 - 6:00pm

Activities 6:00 - 8:00pm

**Woodbridge Farms Elementary School
1127 Parker Drive**

**Only 30
spots
available!
Register
Now:**

Go to "**WoodbridgeFarms.ca**"
Click on "**Bookings**"
Select "**Your Child's Incredible Brain!**"

Free childcare is offered.
Please email General.WBF@eips.ca to
register for childcare.



Strathcona County Information

SPRING BREAK PROGRAM REGISTRATION

Make the most out of spring break! We have an exciting lineup of spring break programs to keep your kids occupied during their time off school in March.

Registration for [spring break programs](#) starts at 7 a.m. on Tuesday, February 27.

- [Performing Arts spring break](#)
- [Visual Arts spring break](#)
- [Preschool spring break](#)
- [Outdoor Pursuits spring break](#)
- [Child, Youth and Teen spring break](#)
- [Swimming spring break](#)

YOU BELONG HERE PODCAST

Did you know... our colleagues at Family and Community Services (FCS) have a podcast series focused on building connection and wellbeing in Strathcona County?

Have a listen and provide your feedback to help shape season two here:

<https://www.strathcona.ca/.../you-belong-here-podcast/>

The first season of You Belong Here includes five episodes hosted by Doneka, Ashley and Brad from FCS. Each episode includes an engaging discussion and skill-building tips to help you feel more connected in the community. Topics include destigmatizing mental health, finding common ground, the art of listening, collective belonging, and connection.

FAMILY DAY FUN

This Family Day, February 19, visit any Strathcona County recreation facility, where 100% of admission fees will be invested into the Everybody Gets to Play program.

View our drop-in recreation calendar for facility schedules:

<https://www.strathcona.ca/.../drop-in-recreation-calendar/>

More ways to support!

Order a large pizza between February 12 to 19, from Sherwood Park Panago Pizza locations (Baseline Road and Wye Road) and \$1 from every purchase will go to the program.

Order a Pasta and Sauce Home Chef kit (1lb of pasta and 16oz sauce) from Pasta Pantry & Trattoria between February 12 to 19 and \$1 from each purchase will go to the program.

<https://www.strathcona.ca/.../festivals-and.../family-day/>