



March 3, 2024



# WESTBORO ELEMENTARY

## Weekly Newsletter

### IMPORTANT UPCOMING DATES

- March 6:** Early Dismissal: Students are dismissed 1 hour early at 2:12 p.m.
- March 6:** Track Team Pep Rally at 1:30 p.m.
- March 6:** Payment for popcorn sales due
- March 7:** Running Room Indoor Games 8:45 a.m. - 2:15 p.m.
- March 7:** Grade 2/3C and 3K Field Trip - Smeltzer House 9:00 a.m.
- March 7:** Popcorn Palooza
- March 7:** Christian Club at lunch
- March 8:** Hot Lunch Purple Perogy

### POPCORN PALOOZA!!

Our grade 6 students are hosting another popcorn fundraiser to raise funds for their year-end celebration at Birch Bay. They will be preparing and selling bags of popcorn to Westboro students. The next sale is scheduled for **Thursday, March 7**. This delightful treat can be purchased for **\$2 per bag**. It is important to note that there will be a limit of **ONE** bag per student to ensure fairness. Please bring your payment to your teacher!

To gain an accurate count and determine the required quantity for the sale, students interested in purchasing popcorn must bring their payment to school on **Wednesday, March 6**. Please be aware that only orders accompanied by payment will be accepted, and we cannot accept late orders.



# SAVE THE DATE: STUDENT PARENT TEACHER INTERVIEWS

Please keep an eye on the next newsletter and school website for details about the upcoming Student Parent Teacher Interviews and how to book in with your student's teacher. Interviews will take place on March 19 and 20. Bookings will open on Monday, March 11, at 8:00 a.m.!



## JUNIOR HIGH JOURNEY - FOR PARENTS/CAREGIVER WITH CHILDREN ENTERING JUNIOR HIGH SCHOOL

Transitioning from elementary to junior high school is exciting and can be stressful. Learn strategies to support your teenager at this free workshop for parents and caregivers of youth transitioning from grade 6 to 7.

**When:** Wednesday, May 29, 2024, 6 -7 p.m.

**Location:** Online

**Cost:** Free

**Contact Information:** For more Information email; [FamilyResourceNetwork@strathcona.ca](mailto:FamilyResourceNetwork@strathcona.ca)

[Sign Up Here](#)



## RUNNING ROOM INDOOR GAMES

Good luck to our track team at the Running Room Indoor Games this Wednesday, March 7! Wishing them success and strong performances in their events. Go Warriors!

We will have a Pep Rally the day before the race, on March 6th at 1:30 pm. Track team members will need to bring their track shirts for the Pep Rally.

## ADHD AND ANXIETY IN CHILDREN

**Save the Date!**

**ADHD and Anxiety in Children  
with Dr. Kate Randall  
Ph.D., R.Psych.**

**Monday, April 8, 2024  
Westboro Elementary Gym**

**6:30-8:30**



*This session is for all parents and family members who want to learn more about ADHD or anxiety in children, whether or not your child has a diagnosis at this time.*

*Other topics like regulation, screen time, organization and time-management skills will also be touched upon with resources provided if you want to learn more.*



## KINDERGARTEN REGISTRATION IS OPEN!

Is your child turning five on or before Dec. 31, 2024? If so, it's time to register for kindergarten.

To help families prepare, Elk Island Public Schools has put together an online EIPS Kindergarten Tool kit to make the transition as smooth as possible. The kit includes information on registration, important dates, programming options, what to expect, eligibility, how to find your designated school, transportation and more.

<https://www.westboroelementary.ca/about/kindergarten>

# Strathcona County Information

## FREE EARLY DISMISSAL SWIM

Celebrate the first Wednesday of the month with a FREE, after school recreational swim on **Wednesday, March 6 from 3:15 p.m. - 5:45 p.m.** at Kinsmen Leisure Centre.

## DIGITAL WELLBEING - FOR PARENTS AND CAREGIVERS OF CHILDREN AGES 9 TO 14 YEARS.

Learn how to help your child with the social and technological pressures they face in the world today. Together we will go through research-based ways we can support children when they are feeling the pressure of their digital lives. Issues addressed include interacting with strangers online, understanding their digital identity, and healthy relationships. The content of this workshop is geared for parents and caregivers with children between 9-14 years of age.

### **MONDAY, MARCH 11, 2024, 6:00 - 8:00 PM**

The presentation is from 6 to 7:30 pm, with an opportunity for Q & A from 7:30 to 8 pm.

**LOCATION:** St Luke School, 22139 S Cooking Rd, Sherwood Park, AB T8E 1G9

**COST:** Free, Registration Required. Click here to register: [Digital Wellbeing - For Parents and Caregivers of children ages 9 to 14 years., Monday, March 11, 2024, 6 - 8pm - Family and parenting supports | Strathcona County](#)

For more Information email: [FamilyResourceNetwork@strathcona.ca](mailto:FamilyResourceNetwork@strathcona.ca)

## SKI PLAYGROUND

**Saturday, March 9, 2024 at 10 a.m. - 2 p.m. at the Strathcona Wilderness Centre**

Ski Playground is a multi-sport try-it event aimed at introducing new skiers (of all ages and abilities) to cross-country, biathlon, ski jumping and Nordic skiing, through a combination of accessible games and fun.

Strathcona Wilderness Centre has been chosen as a host site for the March 9 Ski Playground - a Nordiq Canada pilot project.