



May 5, 2024



# WESTBORO ELEMENTARY

## Weekly Newsletter

### IMPORTANT UPCOMING DATES

**May 5:** Red Dress Day

**May 6:** Bus Driver Appreciation Day

**May 6-12:** Mental Health Week

**May 7:** PLACE Field Trip Telus World of Science 8:50 a.m.

**May 7:** Kindergarten Information Night 6:30 – 7:30 p.m.

**May 8:** Class 4Lee Bowling Field Trip 1:00 p.m.

**May 10:** Westboro Family Dance 6:00 – 8:30 p.m.

**May 10:** Class 1G Arbor Day 11:30 a.m.

**May 10:** [Bear Witness Day](#)

### KINDERGARTEN INFORMATION NIGHT

Make sure to attend Westboro Elementary's upcoming Kindergarten Information Night on **Tuesday, May 7, 2024 from 6:30 – 7:30 p.m.**

You'll get to:

- tour the school;
- meet the teachers;
- gain insight on play-based learning; and
- see what a typical day looks like.

welcome to  
kindergarten



**WESTBORO  
PRESENTS**

**COME & JOIN US FOR OUR**

# **FAMILY DANCE**

**FRIDAY 1078  
MAY 10 STRATHCONA  
2024 DRIVE**

**6:00 P.M. - 8:30 P.M.**

**ADMISSION \$1  
CASH ONLY**

## *Events*

Concession - Door Prizes - Balloon Artist - Music  
Hot Dogs - Chips - Chocolate Bars - Candy - Refreshments

**PLEASE BRING SMALL CHANGE FOR  
ADMISSION AND FOOD PURCHASE**

## RED DRESS DAY

[Red Dress Day](#) honours the memories of missing and murdered Indigenous women and girls across Canada. Métis artist Jaime Black helped inspire the red dress movement, where red dresses are hung from windows and trees to represent the pain and loss felt by loved ones and survivors.

## THANK YOU! BUS DRIVER APPRECIATION DAY IS MAY 6

Join us on May 6 as we recognize and thank our school bus operators for keeping the safety of our students their first priority. We encourage you, and your children, to take a moment to say thanks to our bus operators—who go above and beyond to provide safe and timely transportation to our students.

On behalf of Westboro Elementary THANK YOU to all of our school bus operators for a job well done.

## COMPASSION CONNECTS: MENTAL HEALTH WEEK RUNS MAY 6-12

Mental Health Week takes place May 6-12. To mark the week, Westboro Elementary has a series of activities and lessons planned for students, all centered on Mental Health Week's theme, "Compassion Connects." We all have the capacity to be compassionate, and we know that doing so can make an enormous difference.

Collectively, students will learn about community-based mental health care champions, programs and communities while showcasing the importance of securing universal mental health care, what it can look like and how mental health care can be expressed and nurtured, such as within art, music and dance. In addition to school activities, students and staff can also share messages about their personal journey on various social media platforms using the hashtag #CompassionConnects.

### For more information:

[Mental Health Week](#)

[Alberta Health Services: Help in Tough Times](#)

# ALBERTA HEALTH SERVICES ADDICTION AND MENTAL HEALTH NEWSLETTER

The May edition of the Alberta Health Services Addiction and Mental Health Newsletter focuses on Mental Health Week, which takes place May 6-12. [Newsletter](#)

Themes include:

- [Mental Health Week](#)
- [Practice mindfulness](#)
- [Move your body](#)
- [Fuel your body](#)
- [Expand your mind](#)
- [Build assets](#)

## EIPS ANNUAL EDUCATION RESULTS REPORT

Every year, Elk Island Public Schools (EIPS) publishes an Annual Education Results Report, which outlines the Division's Four-Year Education Plan, opportunities for growth and how it's supporting students to achieve the best possible outcomes. Read through this year's [EIPS Annual Education Results Report 2022-23](#) and discover how EIPS fosters learning environments for all students to learn, grow and thrive—and why it matters.

April Spotlight: enhancing public education through effective engagement

• [Rules of Engagement](#): Using a collaborative approach to improve student achievement and success

• [Driving change](#): Strengthening public education through Board advocacy

RELATED INFORMATION

[EIPS Four-Year Education Plan: 2022-26](#)

[EIPS Three-Year Capital Plan: 2024-27](#)

YOU CAN'T BUY HAPPINESS,  
BUT YOU CAN BUY A  
**YEARBOOK**

and that's kinda the same thing...

YOUR PARAGRAPH TEXT

*Westboro Yearbook - \$25.00*



Scan the QR code or go to  
<https://YBPay.lifetouch.ca>

Yearbook ID Code *14397224*

**Orders due by June 14, 2024**



# SUMMER VOLLEYBALL CAMPS

## SHERWOOD PARK



The camps emphasize fundamental skills, team play, sportsmanship, conditioning and FUN!  
Our #1 goal is to provide a positive learning experience for all!  
Both indoor and outdoor play may occur.

### JUNIOR CAMP

Entering Grades 6-8 (Girls)  
Entering Grades 6-9 (Boys)  
9:00-12:00 PM  
**AUGUST 19-23**

### SENIOR CAMP

Entering Grades 9-12 (Girls)  
1:00-4:00 PM  
**AUGUST 19-23**



**Daily giveaways, camp t-shirts and prizes!**



**CAMP DATES: Junior & Senior (Aug. 19-23)**

**COST \$200 (max. 60/camp)**

**LOCATION: Salisbury High School – Sherwood Park, Alberta**

#### Coaching Staff

- Current players and coaches of post secondary Volleyball Programs

#### Lead Coach:

- Ken Briggs

**SCAN ME TO REGISTER!!!**



**SCAN ME TO REGISTER!!!**

### General Registration Information

1. Fee must accompany registration to confirm attendance.
2. E-Transfer to kenbriggs13@gmail.com (Please indicate SHERWOOD PARK VOLLEYBALL CAMP).
3. E-mail confirmations will occur after receipt of the registration and fee.
4. There will be no refunds once the camps begins. Refunds will have the \$1.50 e-transfer charge subtracted.
5. Use the QR Code below for Camp Registration.
6. If you have any questions, please contact grant.melnyk@eips.ca

[Register here](#)



# Parenting in Canada



Join the Family Resource Network and other parents who are not originally from Canada to share experiences about parenting in different cultures. Light meal provided. Limited child care available.

**FOR:** Adults – parents, caregivers

**WHEN:** Wednesday, May 8, 15, 22, 29  
5:30 p.m. to 7:30 p.m.

**WHERE:** Millennium Place, Activity Room 2  
2000 Premiere Way, Sherwood Park, AB

Register online at [strathcona.ca/newcomer](https://strathcona.ca/newcomer)

 STRATHCONA  
COUNTY

# Strathcona County Information

## COMIC BOOK DAY AT THE STRATHCONA COUNTY LIBRARY

Coming up on Saturday! We're excited to once again be participating in Free Comic Book Day: an annual event that sees organizations across the globe give away special comic books for free. We'll have comics for kids, teens and adults, while supplies last -- just pop over to the Information Desk on the main floor. Our special thanks goes out to our partner in this event, Rolling Tales Pop Culture.

## FREE SATURDAY SWIM MAY 18, 4 - 8 P.M.

Splash around with a FREE Saturday swim (sponsored by Pasta Pantry & Trattoria) at Emerald Hills Leisure Centre!

## FIRE RESTRICTION

A fire restriction is in effect as of 12 noon on April 22. All fire and fireworks permits are suspended until further notice. A restriction is a ban on:

- Open fires (brush, bonfire)
- Burn barrels
- Fireworks

Recreational fire pits (with a screen), chimineas, propane or natural gas fire tables, bowls and appliances and barbecues are allowed. <https://ow.ly/oHbs50RlsCA> Thank you for doing your part to reduce wildfires.

## EMERGENCY PREPAREDNESS WEEK MAY 5 -11

In an emergency, would you be prepared to take care of you and your loved ones for 72 hours? Being prepared for emergencies takes some planning.

### Here are three things you can do to prepare:

- Make or check your personal preparedness kit. You should have enough supplies for you and everyone in your household to be self-sustaining for 72 hours.
- Take a free personal preparedness class on May 9 or stop and see one of our Community Safety Educators on May 8 at the Community Centre or Sherwood Park Farmers' Market. Sign up and details are on the website.
- If you have livestock, make sure you have an evacuation plan for them.

**BONUS:** Visit the website to get a tip for each day of the week to help make sure we are keeping safe.

<https://ow.ly/ixTb50RuXQJ>